

RUGBY RULES

Offense--

- Move forward towards “Try Zone”
- All passes must be sideways OR backwards
- Triangle shape to provide support

Rules

- Fumble (Knock on) or pass forward = a turnover with a free pass in
- Diving in a game = a turnover with a free pass
- Failure to release ball in less than 3 seconds = turn over with free pass
- Offside= offensive players in front of teammate with ball = turnover
- Game starts with a punt and punt after every score
- Kicking okay during open play--- strategic move to advance the ball---for the purpose of PE play kicking is limited to 3 times per game
- Must place ball on the ground in “Try “ zone to score